



Sunday, August 16, 2026
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Big Idea: The deepest marriages are not built merely by sharing life together, but by pursuing Christ together.

Quote: “It is remarkable how few Christians enjoy spiritual intimacy with their spouses.” — Joel Beeke

I. Christ Must Be the Center of Our Fellowship

Ecclesiastes 4:9–12 — *Two are better than one; because they have a good reward for their labour. For if they fall, the one will lift up his fellow: but woe to him that is alone when he falleth; for he hath not another to help him up. Again, if two lie together, then they have heat: but how can one be warm alone. And if one prevail against him, two shall withstand him; and a threefold cord is not quickly broken.*

Notice Solomon doesn't merely describe two people. He pictures strength coming from something beyond the couple themselves. A marriage becomes strongest when Christ is the unseen but ever-present third strand.

Quote: "Your spouse cannot be everything that only God was meant to be." — Timothy Keller

II. Spiritual Fellowship Begins With Personal Fellowship

Amos 3:3 — *Can two walk together, except they be agreed?*

Before you can walk together spiritually each must first walk with God personally.

You cannot give your spouse what you are not receiving yourself.

John 7:38 — *He that believeth on me, as the scripture hath said, out of his belly shall flow rivers of living water.*

Healthy marriages are not built by two people constantly drawing from each other. They are built by two people constantly drawing from Christ.

Quote: "For every look at yourself, take ten looks at Christ."
— Robert Murray M'Cheyne

III. Spiritual Fellowship Requires Intentional Conversation

Colossians 3:12–17 — *Put on therefore, as the elect of God, holy and beloved, bowels of mercies, kindness, humbleness of mind, meekness, longsuffering; Forbearing one another, and forgiving one another, if any man have a quarrel against any: even as Christ forgave you, so also do ye. And above all these things put on charity, which is the bond of perfectness. And let the peace of God rule in your hearts, to the which also ye are called in one body; and be ye thankful. Let the word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord. And whatsoever ye do in word or deed, do all in the name of the Lord Jesus, giving thanks to God and the Father by him.*

The Word was never meant merely to be consumed individually. It is meant to be shared.

IV. Spiritual Fellowship Grows Through Shared Spiritual Habits

Quote: “Let man and wife pray together...let them confer with each other of their heavenly country...so shall their hearts be knit together first to God and then to each other... that the bright beams of God’s image shining in one another kindle love.” William Whately

Four Habits That Build Spiritual Fellowship

- 1. Pray together.**
- 2. Read Scripture together.**
- 3. Discuss God's work.**
- 4. Worship together faithfully.**

Hebrews 10:24–25 — *And let us consider one another to provoke unto love and to good works: Not forsaking the assembling of ourselves together, as the manner of some is; but exhorting one another: and so much the more, as ye see the day approaching.*

Hebrews 10 reminds believers not to neglect assembling together. Church attendance isn't merely checking a box. It is fuel for spiritual fellowship at home.

Quote: "The safest road to hell is the gradual one." — C.S. Lewis

Learning to Live

1. When was the last time you and your spouse had a meaningful spiritual conversation outside of church?
2. Which form of fellowship characterizes your marriage most—emotional, recreational, physical, or spiritual?
3. What obstacles keep you from praying or reading Scripture together consistently?
4. In what ways has your spouse encouraged your walk with Christ over the years?