



Sunday, July 12, 2026
Pastor Jonathan Armstrong

Big Idea: The words you choose determine the relationships you build.

Colossians 4:6 — *Let your speech be always with grace, seasoned with salt, that ye may know how ye ought to answer every man.*

Relationships rarely fall apart because of one conversation.

They erode because of thousands of careless words.

If this is going to be the Best Summer Ever, we must learn to speak like Christ.

1. Restrain Your Words

Proverbs 17:27 — *He that hath knowledge spareth his words...*

One of the greatest signs of maturity isn't saying more. It's knowing when not to speak.

Biblical Principle: The loudest person is rarely the wisest person.

Proverbs 17:27-28 — *He that hath knowledge spareth his words: and a man of understanding is of an excellent spirit. Even a fool, when he holdeth his peace, is counted wise: and he that shutteth his lips is esteemed a man of understanding.*

2. Think Before You Speak

Proverbs 15:28 — *The heart of the righteous studieth to answer: but the mouth of the wicked poureth out evil things.*

Quote — “Words spoken in haste often become words we regret.”

3. Choose Gracious Words

Proverbs 16:24 — *Pleasant words are as an honeycomb, sweet to the soul, and health to the bones.*

Pleasant words promote instruction.

People learn better when they feel loved.

4. Speak at the Right Time

Proverbs 15:23 — *A man hath joy by the answer of his mouth: and a word spoken in due season, how good is it!*

The right words at the wrong time can still produce the wrong result.

Practical Challenge

This week practice three habits:

1. Pause
2. Ask
3. Encourage

Conclusion

Every relationship moves in the direction of its conversations.

If you change the way your family communicates you'll change the culture and spirit of your home.