



PART II - ELIJAH

February 21, 2021
AM Worship Service
Pastor Brent D Armstrong

Text Passage: I Kings 19:1-4

Elijah experienced God's supernatural strength to do the extraordinary.

REVIEW FROM LAST WEEK...

I. THE FLATTENED BOX OF EXPECTATIONS

Life is full of disappointments and if we are not extremely careful, those expectations will derail us as they become demands of our heart.

II. THE FLATTENED BOX OF FOCUS

- We should never walk only by sight.
Only a weak faith seeks to ignore problems.
- We are to stay focused on the Lord.
- We are to continue to do the things God has called us to do.
- Whenever we walk by sight, we forfeit a great deal of God's blessing and provision.
- We cannot truly remain occupied with the Lord and our problems at the same time.

III. THE FLATTENED BOX OF _____

The problem was not that Elijah arose and ran, or went down to the desert to hide. The problem was that Elijah did so without God's _____ and without God as his primary _____.

We so often _____ rather than _____ by faith in what God is doing.

IV. THE FLATTENED BOX OF _____

Spiritual stability is one of the blessings of our _____ in Christ.

According to Doctors Minirth and Meier, the number one problem in America is depression. They say:

As psychiatrists we see more people suffering from depression than from all other emotional problems put together... At the present time, one American in 20 is medically diagnosed as suffering from depression... of course, many, many more are depressed but never receive help. According to one estimate over 20 million persons in America between the ages of eighteen and 74 are currently depressed... Depression occurs two times more often in females, than males, and it occurs three times more often in higher socio-economic groups. Money definitely does not buy happiness. Depression occurs most often in the fourth and fifth decades of life, but many occur during any stressful period from infancy to old age.

I have had millionaire businessmen come into my office and tell me they have big houses, yachts, condominiums in Colorado, nice children, a beautiful mistress, an unsuspecting wife, secure corporate positions... and suicidal tendencies.

Depression is a devastating, debilitating malady that affects our total person: _____, _____, and _____.

1. Depression is _____.
2. No _____ is exempt from depression.
3. Depression has nothing to do with one's _____.
4. _____ is not a defense against depression.
5. Depression ranges from mild mood _____ to deep psychosis.
6. Depression may be caused by the _____.
7. Depression is often _____ in the spiritual, mental, and emotional.

☉ Proverbs 14:30; Proverbs 17:22

Causes of depression within our own church body:

- Disappointment or _____
We tend to become depressed when our expectations are not met.
- An Unbiblical _____
Thinking wrongly about ourselves can be a terrible downer.
- _____
This is the strong desire for things: position, power, prestige, possessions, privileges, etc.
- _____ by Others
We all have a basic need for acceptance, belongingness, and competence.

In Christ, we have _____.

CONCLUSION:

🕒 Proverbs 14:12

We must count the _____ of depression. Depression costs us tremendously in terms of our productivity, our effectiveness, and our happiness physically, mentally, emotionally, spiritually, and socially.

**HEAVINESS IN THE HEART OF MAN MAKETH IT STOOP:
BUT A GOOD WORD MAKETH IT GLAD.**
PROVERBS 12:25

ANNOUNCEMENTS:

Project520 February Project

We are excited to partner with Hands of Hope once again. Today we have a one-day baby wipe drive. You can drop off all donated baby wipes in the lobby during the morning or evening service. Hands of Hope mentioned that this is their greatest need right now and we believe that we can make a difference in Tucson through our donations.

Nursery Meeting | Sunday, February 28th

If you are currently a nursery worker or are interested in serving in the nursery ministry, please plan to attend an important and brief meeting next Sunday. The meeting will take place in the Choir Room promptly after the morning service.

Teen Camp Chili Fundraiser | Sunday, February 28th

After the morning service next Sunday, the teenagers will provide chili in the courtyard for each person that makes a donation to their teen camp fundraiser. Please plan to encourage the teenagers with your participation as they work to attend camp this summer.